I understand that, under the Health Insurance Portability & Accountability Act of 1996 (HIPAA), I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

- Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
- Obtain payment from third-party payers
- Conduct normal healthcare operations such as quality assessments and physician certifications.

I have been informed by you of your Notice of Privacy Practices containing a more complete description of the uses and disclosures of my health information. I have been given the right to review such Notice of Privacy Practices prior to signing this consent. I understand that this organization has the right to change its Notice of Privacy Practices from time to time and that I may contact this organization at any time at the address below to obtain a current copy of the Notice of Privacy Practices.

I understand that I may request in writing that you restrict how my private information is used or disclosed to carry out treatment, payment or health care operations. I also understand you are not required to agree to my requested restrictions, but if you do agree then you are bound to abide by such restrictions.

I understand that I may revoke this consent in writing at any time, except to the extent that you have taken action relying on this consent.

Patient Name:
Signature:
Relationship to Patient:
Date:

## PRIMARY INSURANCE

Person responsible for Account					
-	Last Name	e	First Name		Middle Initial
Relation to patient	DOB_		SSN		
Address (if different from patie	ent's)		Phone		
	City		State	Zip	
Insurance Company					
ID Number		Group	Number		
	ADDITIC	NAL IN	SURANCE		
Is patient covered by addition	nal insurance?	YES	NO		
Person responsible for accou	nt				
1	Last Na		First Name		Middle Initial
Address (if different from patie	ent's)		Phone		
	City		State	Zip	
Insurance Company					
ID Number		Group	Number		

#### Assignment and Release

I certify that I, and/or my dependent(s), have insurance coverage with \_\_\_\_\_\_\_\_\_ And assign directly to Dr. \_\_\_\_\_\_\_ all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by insurance. I authorize the use of my signature on all insurance submissions. The above-named doctor may use my health care information and may disclose such information to the above-named Insurance Company(ies) and their agents for the purpose of obtaining payment for services and determining insurance benefits or the benefits payable for related services. This consent will end when my current treatment plan is completed, or one year from the date signed below.

Signature of Patient, Parent, Guardian, or Personal Representative

Please print name of Patient, Parent, Guardian, or Personal Representative

**Relationship to Patient** 

## PATIENT INFORMATION

Name			
Last	Name	First Name	Middle Initial
DOB	Sex: M F	SSN:	
Home Address: _			
Phone: I	Home:		Cell
Person to be notified	d in Emergency:		
Name/Relationship: _			
Home Phone	Busine	ss Phone	Cell Phone
Previous Physician			Phone
Address			Date of Last Visit
Your Employer			
Address			
Spouse's Employer			
Address			

## PATIENT AUTHORIZATION TO DISCLOSE PERSONAL HEALTH INFORMATION

nt		
Last Name	First Name	Middle Initial
ess		
of Birth		
LT MEDICAL SERVICE is authorized to bient/Discloser:	to furnish to/receive from (circle des	sired choice):
he Purpose of:		
I AUTHORIZE RELEAS	E OF THE FOLLOWING MEDIC	AL RECORDS:
records relating to the history, diagnosis, t This includes permission to release POTH concerning mu treatment of mental illnes	reatment or services rendered to me in ENTIALLY SENSITIVE INFORMSA s, Human Immunodeficiency Virus (HI	connection with any condition or disease. TION which may include information IV), alcoholism, drug use/dependency,
I GIVE PERMISSION TO RELEASE	ONLY RECORDS specifically describ	bed below:
from all responsibility or liability that orization at any time by giving written ng and to the extent that you have al Authorization expires on//(	at may arise from this authorizat en notification to Adult Medical S ready disclosed the information (Optional). If no expiration date	ion. I may withdraw this Services, PC, provided that I do so in in reliance on this authorization.
nt Signature (Parent's Representative if 1	minor) Date	
ss Signature	Date	
		he reason you are requesting
Not satisfied with Provider	(which provider?)	
Not satisfied with Staff (wh	nich staff member?)	
Moving out of the area		
	Last Name ess	Last Name       First Name         ess

□ Other (please describe)\_\_\_\_\_

Sameer Mamnoon, MD

Hassan Fares, NP

\_\_\_•

# **INSURANCE WAIVER**

I, \_\_\_\_\_\_ state my health insurance is

Should my insurance not cover my office visit, I agree to pay the bill for this visit in full.

Name

Witness

Name

Date

#### Adult Health History for NEW Patients

Your answers on this form will help your health care provider get an accurate history of your medical concerns and conditions. Please fill in all six pages. If you cannot remember specific details, please provide your best guess. If you are uncomfortable with any question, do not answer it. Thank You!

Main reason for today's visit:
Other concerns:
What are your health goals for the next year?:
Where were you getting your care before?:

Respiratory

\_\_ Cough/wheeze

Loud snoring/altered

Review of symptoms: Please mark the box and/or circle any persistent symptoms you have had in the past few months. Read through every section and check "no problems" if none of the symptoms apply to you.

## General Unexplained weight loss/gain Unexplained fatigue/weakness Fall asleep during the day when sitting \_\_\_Fever, chills No problems Skin \_\_\_ New or change in mole \_\_\_ Rash/itching \_\_ No problems Breast Breast lump/pain/nipple discharge No problems Ears/Nose/Throat Nosebleeds, trouble swallowing Frequent sore throat, hoarseness \_ Hearing loss/ringing in ears \_\_\_ No problems Eves \_\_\_ Change in vision/eye pain/ Cardiovascular \_\_ Chest pain/discomfort Palpitations (fast or irregular heartbeat)

\_\_\_ No problems

## breathing during sleep Short of breath with exertion No problems Gastrointestinal \_\_\_\_ Heartburn/reflux/indigestion \_\_\_ Blood or change in bowel movement \_\_ Constipation \_\_ No problems Genitourinary \_\_\_ Leaking urine \_\_\_ Blood in urine Nighttime urination or increased frequency \_\_ Discharged: penis or vagina Concern with sexual frustration No problems Musculoskeletal

## \_\_\_\_Neck pain \_\_\_\_Back pain \_\_\_\_Muscle/joint pain \_\_\_\_No problems Endocrine

- \_\_\_\_ Heat or cold sensitivity
- \_\_\_ No problems

#### Hematologic/Lymphatic

- \_\_\_\_ Swollen glands
- \_\_\_ Easy bruising
- \_\_ No problems
- Neurological
- \_\_\_ Headache

DOB

- \_\_ Memory loss
- \_\_\_ Fainting
- \_\_\_ Dizziness
- \_\_\_ Numbness/tingling
- \_\_\_ Unsteady gait
- \_\_\_ Frequent falls
- \_\_ No problems

#### Allergic/Immune

- \_\_\_ Hay fever/allergies
- \_\_\_ Frequent infections
- \_\_\_ No problems

#### Psychiatric

- \_\_\_ Anxiety/stress/irritability
- \_\_\_ Sleep problem
- \_\_\_ Lack of concentration
- No problems

#### Women Only

- \_\_\_ Pre-menstrual symptoms (bloating,cramps,irritability) \_\_\_ Problem with menstral periods
- \_\_\_ Hot flashes/night sweats
- \_\_\_ No problems

**IMMUNIZATIONS:** Check off any vaccinations you have had. Add year, if known.

Tetanus(Td)	With Pertussis(Tdap)	Varicella(Ch	licken Pox) s	shot or illness	Pneumovax(pneumonia)	
Influenza(flu shot)	Hepatitis A	Hepatitis B	MMR	Meningitis	Zostavax(shingles)	
HPV						

**MEDICATIONS:** Please list (or attach your own printed record) of all prescription and non-prescription medications, vitamins, home remedies, birth control pills, herbs, inhalers, etc. Use the back of this form if you need more room and let us know you wrote there.

Dose(e.g mg/pill)

#### **D** TAKE NO MEDICATIONS

Medication

times per day?

Allergies or intolerance to medications (include type of reaction):

How many

#### HEALTH MAINTENANCE SCREENING TESTS:

Lipid(cholesterol)	Date	Abnormal?	🗆 No	🗆 Yes
Sigmoidoscopy:	Date	Abnormal?	🗆 No	🗆 Yes
Colonoscopy:	Date	Abnormal?	🗆 No	🗆 Yes
Women only:				
Mammogram	Date	Abnormal?	□ No	Yes
Pap Smear	Date	Abnormal?	🗆 No	🗆 Yes
Bone Density Test	Date	Abnormal?	□ No	Yes

#### SOCIAL HISTORY

Occupation(or prior occupation):	retired/unemployed/leave of absence/disabled (circle one)
Employer:	Years of education or highest degree:
Marital Status(circle one): Single/Par	rtner/Married/Divorced/Widowed/Other:
Spouse/Partner's Name:	Number of Children Ages if under 18
Number of Grandchildren:	Number of Great Granchildren:
Who Lives at Home with You?:	
Leisure activities, group involvement	t, religion, volunteer work, recent travel:

#### WOMEN'S HEALTH HISTORY

Total number of pregnancies: \_\_\_\_\_ Number of births: \_\_\_\_\_

Date(Month/Day if known) of last menstrual period(if still menstruating):\_\_\_\_\_

Age you started menstruating: \_\_\_\_\_ Age you stopped menstruating(menopause): \_\_\_\_\_

#### **OTHER HEALTH ISSUES**

#### Tobacco Use:

 Smoke Cigarettes:
 □ Yes □ Quit □ Never

 Quit Date:\_\_\_\_\_

 How many years did you smoke?\_\_\_\_\_

 Approx. how many packs a day did you smoke?\_\_\_\_\_

 Current Smoker: Packs/Day:\_\_\_\_\_ # of years:\_\_\_\_\_

 Other tobacco:
 □ Pipe □ Cigar □ Snuff □ Chew

#### Alcohol Use:

Do you drink alcohol? □ Yes □ No # of Drinks/Week:\_\_\_\_\_ □ Beer □ Wine □ Liquor

#### Drug Use:

Do you use marijuana or recreational drugs? □ Yes □ No Have you ever used needles to inject drugs? □ Yes □ No

#### **Sexual Activity:**

Sexually Active? 
Yes No
Sexual partner(s) is/are/have been: 
Male Female
Birth Control Method(circle below all that apply):
Condom, Pill, Diaphragm, Vasectomy, Other:\_\_\_\_\_
None Needed

#### Exercise:

Do you exercise regularly? 

Yes

No
What kind of exercise?

#### How

long(minutes)?\_\_\_\_\_ How often?

#### Diet:

How would you rate your diet? 
Good 
Fair 
Poor
Would you like advice on your diet? 
Yes 
No

#### Saftey:

Do you use a bike helmet? 

No Bike
Yes
No

Do you use seatbelts consistently? 

Yes
No

Does your home have a working smoke detector? 

Yes
No

If you have guns in your home, are they locked up properly? 

Not Applicable
Yes
No

Is violence at home a concern for you? 

Yes
No

Have you completed an Advance Directive for Health Care(ADHC), Living Will, or POLST(Physician Orders for Life Sustaining Therapy)? (Circle all that apply) □ No

#### **PERSONAL MEDICAL HISTORY:** Do you have now or have you had any of the following conditions? Do NONE

CONDITION	CURRENT	PAST	COMMENTS
Alcohol/Drug Abuse			
Allergy (Hay Fever)			
Anemia			
Anxiety			
Arthritis (Rheumatoid)			
Arthritis (Osteoarthritis)			
Asthma			
Bladder/Kidney Problems			
Blood-Clot (Leg)			
Blood-Clot (Lung)			
Blood Transfusion			
Breast Lump (Benign)			

Cancer Breast			
PERSONAL MEDICAL HISTORY CONT.			
Condition	Current	Past	Comments
Cancer Colon			
Cancer Ovarian			
Cancer Prostate			
Cancer (Other Type)			
Cataracts			
Chicken Pox			
Colon Polyp			
Coronary Artery Disease			
Depression			
Diabetes (Adult Onset)			
Diabetes (Childhood Onset)			
Diverticulosis			
Emphysema Fractures (Broken Bones)			
Gallbladder Disease			
Gastroesophageal Reflux			
(Heartburn/GERD)			
Glaucoma			
Gout			
Gynecological Conditions			
Heart Attack			
Hepatitis – Type A			
Hepatitis- Type B			
Hepatitis – Type C			
Hepatitis – Other			
High Blood Pressure			
High Cholestrerol			
Hip Fracture			
Irritable Bowel Syndrome			
Kidney Disease/Failure			
Kidney Stones			
Liver Disease			
Migraine Headaches			
Osteoporosis			
Pneumonia			
Prostate (Enlargement)			
Prostate (Nodules)			
Seizure/Epilepsy			
Skin Condition			
Sleep Apnea			
Stomach Ulcer			
Stroke			
Thyroid (Nodule)			
Thyroid High			
(Overactive)/Hyperthyroidism			
Thyroid Low (Underactive)			
Hypothyroidism			
Other (List)			

SURGICAL HISTORY – Please check off any procedure or surgeries. List any abnormal findings or complications 

NONE

Surgical Procedure	Yes	Year	Comments
Abdominal Surgery			
Appendectomy (Appendix			
Removal)			
Back Surgery (Lumbar)			
Biopsy (Location)			
Breast Biopsy			Circle: Right Left Both
Breast Surgery			Circle: Right Left Both
Colonoscopy			
Coronary Bypass			
Coronary Stent			
EGD (Stomach Endoscopy)			
Cataract			
Gallbladder Removal			Circle: Laparoscopic
Heart Surgery (Other than			
Coronary Bypass)			
Hip Surgery			Circle: Right Left Both
Hysterectomy (Total			Circle: Laparoscopic Vaginal
Including Ovaries)			Abdominal
Hysterectomy (Partial,			Circle: Laparoscopic Vaginal
Ovaries Left)			Abdominal
Knee Surgery			Circle: Right Left Both
LEEP (Cervix Surgery)			
Neck Surgery			
Ovary Ligation ("Tubal")			
Ovary Removal			Circle: Right Left Both
Vasectomy			
Sigmoidscopy			
Sinus Surgery			
Other (List)			

Adopted –  $\Box$  Yes  $\Box$  No (please circle) If yes and you do <u>not</u> know your family history skip this section.

FAMILY HISTORY-Indicate which relative has had the following diseases (parents and siblings are most important)

Disease	Mother	Father	Sister(s)	Brother(s)	Mom's Mom	Mom's Dad	Dad's Mom	Dad's Dad	Other Relative	Comments
	7		5)	r(s)					ē	
No Significant History										
Alcoholism/Drug Abuse										
Alzheimers										
Asthma										
Autouimmune Disease										
Bleeding or Clotting										
Disorder										
Cancer Breast										
Cancer Colon										
Cancer Ovarian										
Cancer Prostate										
Cancer (Other Type)										
Colon Polyp										
Coronary Artery Disease										
Depression/Suicide/Anxiety										
Diabetes (Adult Onset)										
Diabetes (Childhood Onset)										
Emphysema (COPD)										
Genetic Disorder (Explain)										
Glaucoma										
Heart Disease (CHF)										
Heart Disease (Other)										
Hepatitis B or C										
High Blood Pressure										
High Cholesterol										
Hip Fracture										
Thyroid Disease										
Kidney Disease										
Kidney Stones										
Macular Degeneration										
Migraine Headaches										
Osteoporosis										
Other (List)										